

Abstract of the Disclosure

An antivibration element (1) is especially for a portable handheld work apparatus such as a motor-driven chain saw or a brushcutter. The antivibration element includes a coil
5 spring (2) and at least one guide. An end section (7, 8) of the coil spring (2) is fixed to the guide. In order to provide a progressive characteristic line of the coil spring (2) in a simple way, the coil spring (2) has a transition section (11, 12), which borders at the end section (7, 8) and is
10 guided with play on the guide.